



ALL COMPETITION INFORMATION CAN BE FOUND AT SPEEDSKATING.CA / TOUTES LES INFORMATIONS SUR LA COMPÉTITION SONT TROUVÉES SUR SPEEDSKATING.CA

Vendredi, 28 mars / Friday March 28								
9:30 Réunion des entraîneurs / Coaches Meeting								
Skaters								
10:00	Échauffement / Warm up (Patineurs pas présents à l'entraînement jeudi / Skaters not present at training on Thursday)						?	0:15
10:15	Glace / Ice resurfacing							0:20
10:35	Qual / Heat 1500m Group A	1	Femmes / Women	30	4 races / vagues	7/7/8/8	1+4	0:17
10:52	Qual / Heat 1500m Group B	2	Femmes / Women	30	4 races / vagues	7/7/8/8	1+4	0:17
11:09	Qual / Heat 1500m Group A	3	Hommes / Men	30	4 races / vagues	7/7/8/8	1+4	0:17
11:26	Qual / Heat 1500m Group B	4	Hommes / Men	30	4 races / vagues	7/7/8/8	1+4	0:17
11:43	Glace / Ice resurfacing							0:20
12:03	Finale / Final 1500m Group A (A)	5	Femmes / Women	8	1 race / vague	8		0:04
12:07	Cérémonie de prix / Prize Ceremony							0:05
12:12	Finale / Final 1500m Group A (B-C-D)	5	Femmes / Women	22	3 races / vagues	8/8/6		0:12
12:25	Finale / Final 1500m Group B (A)	6	Femmes / Women	8	1 race / vague	8		0:04
12:29	Cérémonie de prix / Prize Ceremony							0:05
12:34	Finale / Final 1500m Group B (B-C-D)	6	Femmes / Women	22	3 races / vagues	8/8/6		0:12
12:47	Finale / Final 1500m Group A (A)	7	Hommes / Men	8	1 race / vague	8		0:04
12:51	Cérémonie de prix / Prize Ceremony							0:05
12:56	Finale / Final 1500m Group A (B-C-D)	7	Hommes / Men	22	3 races / vagues	8/8/6		0:12
13:09	Finale / Final 1500m Group B (A)	8	Hommes / Men	8	1 race / vague	8		0:04
13:13	Cérémonie de prix / Prize Ceremony							0:05
13:18	Finale / Final 1500m Group B (B-C-D)	8	Hommes / Men	22	3 races / vagues	8/8/6		0:12
13:31	<b>DINER / LUNCH</b> Glace / Ice resurfacing							0:45
14:16	Qual / Heat 500m Group A	9	Femmes / Women	20	4 races / vagues	5/5/5/5	1+1	0:11
14:27	Qual / Heat 500m Group B	10	Femmes / Women	20	4 races / vagues	5/5/5/5	1+1	0:11
14:38	Qual / Heat 500m Group C	11	Femmes / Women	20	4 races / vagues	5/5/5/5	1+1	0:11
14:49	Glace / Ice resurfacing							0:20
15:09	Qual / Heat 500m Group A	12	Hommes / Men	20	4 races / vagues	5/5/5/5	1+1	0:11
15:20	Qual / Heat 500m Group B	13	Hommes / Men	20	4 races / vagues	5/5/5/5	1+1	0:11
15:31	Qual / Heat 500m Group C	14	Hommes / Men	20	4 races / vagues	5/5/5/5	1+1	0:11
15:42	Glace / Ice resurfacing							0:20
16:02	Finale / Final 500m Group A (A)	15	Femmes / Women	5	1 race / vague	5		0:02
16:04	Cérémonie de prix / Prize Ceremony							0:05
16:09	Finale / Final 500m Group A (B-C-D)	15	Femmes / Women	15	3 races / vagues	5/5/5		0:08
16:18	Finale / Final 500m Group B (A)	16	Femmes / Women	5	1 race / vague	5		0:02
16:20	Cérémonie de prix / Prize Ceremony							0:05
16:25	Finale / Final 500m Group B (B-C-D)	16	Femmes / Women	15	3 races / vagues	5/5/5		0:08
16:34	Finale / Final 500m Group C (A)	17	Femmes / Women	5	1 race / vague	5		0:02
16:36	Cérémonie de prix / Prize Ceremony							0:05
16:41	Finale / Final 500m Group C (B-C-D)	17	Femmes / Women	15	3 races / vagues	5/5/5		0:08
16:50	Glace / Ice resurfacing							0:20
17:10	Finale / Final 500m Group A (A)	18	Hommes / Men	5	1 race / vague	5		0:02
17:12	Cérémonie de prix / Prize Ceremony							0:05
17:17	Finale / Final 500m Group A (B-C-D)	18	Hommes / Men	15	3 races / vagues	5/5/5		0:08
17:26	Finale / Final 500m Group B (A)	19	Hommes / Men	5	1 race / vague	5		0:02
17:28	Cérémonie de prix / Prize Ceremony							0:05
17:33	Finale / Final 500m Group B (B-C-D)	19	Hommes / Men	15	3 races / vagues	5/5/5		0:08
17:42	Finale / Final 500m Group C (A)	20	Hommes / Men	5	1 race / vague	5		0:02
17:44	Cérémonie de prix / Prize Ceremony							0:05
17:49	Finale / Final 500m Group C (B-C-D)	20	Hommes / Men	15	3 races / vagues	5/5/5		0:08
17:58	<b>FIN / END approximatif</b>							



ALL COMPETITION INFORMATION CAN BE FOUND AT SPEEDSKATING.CA / TOUTES LES INFORMATIONS SUR LA COMPÉTITION SONT TROUVÉES SUR SPEEDSKATING.CA								
Samedi, 29 mars / Saturday March 29								
		Race Series	Skaters	Races	# on line	Advancement		
9:00	Qual / Heat 500m-2 Group A	21	Femmes / Women	20 4 races / vagues	5/5/5/5	1+1		0:11
9:11	Qual / Heat 500m-2 Group B	22	Femmes / Women	20 4 races / vagues	5/5/5/5	1+1		0:11
9:22	Qual / Heat 500m-2 Group C	23	Femmes / Women	20 4 races / vagues	5/5/5/5	1+1		0:11
9:33	Glace / Ice resurfacing	Race Series	Skaters	Races	# on line	Advancement		0:20
9:53	Qual / Heat 500m-2 Group A	24	Hommes / Men	20 4 races / vagues	5/5/5/5	1+1		0:11
10:04	Qual / Heat 500m-2 Group B	25	Hommes / Men	20 4 races / vagues	5/5/5/5	1+1		0:11
10:15	Qual / Heat 500m-2 Group C	26	Hommes / Men	20 4 races / vagues	5/5/5/5	1+1		0:11
10:26	Glace / Ice resurfacing	Race Series	Skaters	Races	# on line	Advancement		0:20
10:46	Finale / Final 500m-2 Group A (A)	27	Femmes / Women	5 1 race / vague	5			0:02
10:48	Cérémonie de prix / Prize Ceremony							
10:53	Finale / Final 500m-2 Group A (B-C-D)	27	Femmes / Women	15 3 races / vagues	5/5/5			0:08
11:02	Finale / Final 500m-2 Group B (A)	28	Femmes / Women	5 1 race / vague	5			0:02
11:04	Cérémonie de prix / Prize Ceremony							
11:09	Finale / Final 500m-2 Group B (B-C-D)	28	Femmes / Women	15 3 races / vagues	5/5/5			0:08
11:18	Finale / Final 500m-2 Group C (A)	29	Femmes / Women	5 1 race / vague	5			0:02
11:20	Cérémonie de prix / Prize Ceremony							
11:25	Finale / Final 500m-2 Group C (B-C-D)	29	Femmes / Women	15 3 races / vagues	5/5/5			0:08
11:34	Glace / Ice resurfacing	Race Series	Skaters	Races	# on line	Advancement		0:20
11:54	Finale / Final 500m-2 Group A (A)	30	Hommes / Men	5 1 race / vague	5			0:02
11:56	Cérémonie de prix / Prize Ceremony							
12:01	Finale / Final 500m-2 Group A (B-C-D)	30	Hommes / Men	15 3 races / vagues	5/5/5			0:08
12:10	Finale / Final 500m-2 Group B (A)	31	Hommes / Men	5 1 race / vague	5			0:02
12:12	Cérémonie de prix / Prize Ceremony							
12:17	Finale / Final 500m-2 Group B (B-C-D)	31	Hommes / Men	15 3 races / vagues	5/5/5			0:08
12:26	Finale / Final 500m-2 Group C (A)	32	Hommes / Men	5 1 race / vague	5			0:02
12:28	Cérémonie de prix / Prize Ceremony							
12:33	Finale / Final 500m-2 Group C (B-C-D)	32	Hommes / Men	15 3 races / vagues	5/5/5			0:08
12:42	<b>DINER / LUNCH</b> Glace / Ice resurfacing	Race Series	Skaters	Races	# on line	Advancement		0:45
13:27	Qual / Heat 1500m-2 Group A	33	Femmes / Women	32 4 races / vagues	8/8/8/8	1+4		0:17
13:44	Qual / Heat 1500m-2 Group B	34	Femmes / Women	28 4 races / vagues	7/7/7/7	1+3		0:17
14:01	Glace / Ice resurfacing	Race Series	Skaters	Races	# on line	Advancement		0:10
14:11	Qual / Heat 1500m-2 Group A	35	Hommes / Men	32 4 races / vagues	8/8/8/8	1+4		0:17
14:28	Qual / Heat 1500m-2 Group B	36	Hommes / Men	28 4 races / vagues	7/7/7/7	1+3		0:17
14:45	Glace / Ice resurfacing	Race Series	Skaters	Races	# on line	Advancement		0:20
15:05	Finale / Final 1500m-2 Group A (A)	37	Femmes / Women	8 1 race / vague	8			0:04
15:09	Cérémonie de prix / Prize Ceremony							
15:14	Finale / Final 1500m-2 Group A (B-C-D)	37	Femmes / Women	24 3 races / vagues	8/8/8			0:12
15:27	Finale / Final 1500m-2 Group B (A)	38	Femmes / Women	7 1 race / vague	7			0:04
15:31	Cérémonie de prix / Prize Ceremony							
15:36	Finale / Final 1500m-2 Group B (B-C-D)	38	Femmes / Women	21 3 races / vagues	7/7/7			0:12
15:49	Glace / Ice resurfacing	Race Series	Skaters	Races	# on line	Advancement		0:10
15:59	Finale / Final 1500m-2 Group A (A)	39	Hommes / Men	8 1 race / vague	8			0:04
16:03	Cérémonie de prix / Prize Ceremony							
16:08	Finale / Final 1500m-2 Group A (B-C-D)	39	Hommes / Men	24 3 races / vagues	8/8/8			0:12
16:21	Finale / Final 1500m-2 Group B (A)	40	Hommes / Men	7 1 race / vague	7			0:04
16:25	Cérémonie de prix / Prize Ceremony							
16:30	Finale / Final 1500m-2 Group B (B-C-D)	40	Hommes / Men	21 3 races / vagues	7/7/7			0:12
16:43	<b>FIN / END approximatif</b>							



ALL COMPETITION INFORMATION CAN BE FOUND AT SPEEDSKATING.CA / TOUTES LES INFORMATIONS SUR LA COMPÉTITION SONT TROUVÉES SUR SPEEDSKATING.CA								
Dimanche, 30 mars / Sunday March 30								
		Race Series	Skaters	Races	# on line	Advancement		
9:00	Qual / Heat 1000m Group A	41	Femmes / Women	20 4 races / vagues	5/5/5/5	2+2		0:14
9:14	Qual / Heat 1000m Group B	42	Femmes / Women	20 4 races / vagues	5/5/5/5	2+2		0:14
9:28	Qual / Heat 1000m Group C	43	Femmes / Women	20 4 races / vagues	5/5/5/5	2+2		0:14
9:42	Glace / Ice resurfacing	Race Series	Skaters	Races	# on line	Advancement		0:20
10:02	Qual / Heat 1000m Group A	44	Hommes / Men	20 4 races / vagues	5/5/5/5	2+2		0:14
10:16	Qual / Heat 1000m Group B	45	Hommes / Men	20 4 races / vagues	5/5/5/5	2+2		0:14
10:30	Qual / Heat 1000m Group C	46	Hommes / Men	20 4 races / vagues	5/5/5/5	2+2		0:14
10:44	Glace / Ice resurfacing	Race Series	Skaters	Races	# on line	Advancement		0:20
11:04	Demi-finale / Semi final 1000m Group A	47	Femmes / Women	20 4 races / vagues	5/5/5/5	2+1		0:14
11:18	Demi-finale / Semi final 1000m Group B	48	Femmes / Women	20 4 races / vagues	5/5/5/5	2+1		0:14
11:32	Demi-finale / Semi final 1000m Group C	49	Femmes / Women	20 4 races / vagues	5/5/5/5	2+1		0:14
11:46	Glace / Ice resurfacing	Race Series	Skaters	Races	# on line	Advancement		0:20
12:06	Demi-finale / Semi final 1000m Group A	50	Hommes / Men	20 4 races / vagues	5/5/5/5	2+1		0:14
12:20	Demi-finale / Semi final 1000m Group B	51	Hommes / Men	20 4 races / vagues	5/5/5/5	2+1		0:14
12:34	Demi-finale / Semi final 1000m Group C	52	Hommes / Men	20 4 races / vagues	5/5/5/5	2+1		0:14
12:48	<b>DINER / LUNCH</b> Glace / Ice resurfacing	Race Series	Skaters	Races	# on line	Advancement		0:45
13:33	Finale / Final 1000m Group A (A)	53	Femmes / Women	5 1 race / vague	5			0:03
13:36	Cérémonie de prix / Prize Ceremony							
13:41	Finale / Final 1000m Group A (B-C-D)	53	Femmes / Women	15 3 races / vagues	5/5/5			0:10
13:52	Finale / Final 1000m Group B (A)	54	Femmes / Women	5 1 race / vague	5			0:03
13:55	Cérémonie de prix / Prize Ceremony							
14:00	Finale / Final 1000m Group B (B-C-D)	54	Femmes / Women	15 3 races / vagues	5/5/5			0:10
14:11	Finale / Final 1000m Group C (A)	55	Femmes / Women	5 1 race / vague	5			0:03
14:14	Cérémonie de prix / Prize Ceremony							
14:19	Finale / Final 1000m Group C (B-C-D)	55	Femmes / Women	15 3 races / vagues	5/5/5			0:10
14:30	Glace / Ice resurfacing	Race Series	Skaters	Races	# on line	Advancement		0:20
14:50	Finale / Final 1000m Group A (A)	56	Hommes / Men	5 1 race / vague	5			0:03
14:53	Cérémonie de prix / Prize Ceremony							
14:58	Finale / Final 1000m Group A (B-C-D)	56	Hommes / Men	15 3 races / vagues	5/5/5			0:10
15:09	Finale / Final 1000m Group B (A)	57	Hommes / Men	5 1 race / vague	5			0:03
15:12	Cérémonie de prix / Prize Ceremony							
15:17	Finale / Final 1000m Group B (B-C-D)	57	Hommes / Men	15 3 races / vagues	5/5/5			0:10
15:28	Finale / Final 1000m Group C (A)	58	Hommes / Men	5 1 race / vague	5			0:03
15:31	Cérémonie de prix / Prize Ceremony							
15:36	Finale / Final 1000m Group C (B-C-D)	58	Hommes / Men	15 3 races / vagues	5/5/5			0:10
15:47	<b>FIN / END approximatif</b>							